

## VR School Teacher Safety Talk Script

We are going to talk about using the virtual reality headset with the Oculus Rift safely in the classroom. Here are some things you need to know:

You would have filled out a health and safety survey with your guardian. This survey helped us to make an assessment about whether you might have a bad reaction when using the VR headset version of Minecraft. If you and your parents have been told that you might have a bad reaction then its best to just use the desktop computer version of Minecraft instead of the headset version.

For hygiene reasons please put a hair cover on before putting the VR headset on. Keep the hair cover and reuse it next time you go in headset.

There are parts on the Oculus headset that allow you to adjust for your eye width (teacher demonstrates this). You need to adjust these when you put the headset on so that what you are seeing is clear.

Some people get cyber-sickness when using VR headsets. This is a type of motion sickness, just like when people get sick on buses or planes. If you begin to feel sick or queasy or your eyes hurt, then take the headset off and sit down. Ask another student to come and get me, so that we make sure you are alright.

It is important that you only spend up to 15 minutes in the headset.

The Oculus is set up so that you can stand up, move around and use the Oculus controllers. You must always have someone observing when you are in this mode. They will make sure that you do not bump into anything or damage equipment.

The headset blocks out all of your surroundings. When you are in the headset you can only see the world of Minecraft and hear its sound effects. There is a virtual blue cage called the guardian system that will come up if you go out of the safe area. Look out for this and step back in the safe area.

If, when using the controllers (teacher demonstrates this), your hand or arm starts to tingle or hurt, take a break.

If you ever feel the VR experience is too intense or unpleasant then take the headset off and give yourself a break for the lesson. If you don't want to use the headset for any reason then use the desktop computer version of Minecraft instead.

If you ever need a reminder about these safety tips, check out the Be VR Aware poster which has been put up near the Oculus Rifts.

Are there any comments or questions?

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